



Broadening our understanding of the many different cultures represented at RNDC and Young's Market Company can lead to an authentic appreciation for our colleagues, communities, and customers. This month, we proudly continue the tradition of celebrating the diverse heritages of our associates in an effort to create greater awareness and build inclusive excellence into our DNA.

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Title: Corporate VP Compensation & Benefits
Location/Business Unit: Human Resources
Date of Hire: 08/01/2015



Why is Asian American and Pacific Islander Heritage Month important to you?

This is an important month to me as it reminds me of everything my mother has done to be a citizen of the United States and the opportunities that has provided me and my brother.

What would you like the RNDC/Young's family to know about you? Briefly tell us your story – personal and/or professional. What makes you uniquely you?

Culture comes in many forms. I like to say I grew up with the best of both "south's" – I grew up in South Georgia and my mom is from South Korea.

My kids, Jackson and Jillian, will usually use the fact they are ¼ Korean as an interesting fact. That's the same thing I usually do because most people don't realize it when they look.

What are some of your family traditions that celebrate your heritage? What makes them important to you?

Growing up, I had a group of Korean friends and American friends. I remember birthdays with hotdogs and hamburgers next to bulgogi, kimchi, and rice. We don't do much in the way of traditions as it is only my mom. As I grew up, I looked for ways to ensure we remember the Korean culture – mostly in the way of food. Korean church is a huge deal with family meals after most services.

Tell us about your favorite food or meal that represents your heritage and/or culture.

Speaking of food – my favorite must be kimchi. You can eat it with almost anything. Anything Korean BBQ is great. My mom and I have taught my husband, Jason, to cook Korean and we have introduced it to many of our friends.

What is your favorite adult beverage?

Bourbon is my newfound spirit, and I have found I have an affinity for Rye. We are having fun trying new bottles and sampling different ones at bars and restaurants. We have even started our own infinity bottle.

